



Concierge Family Medicine & Aesthetics

LASER GENESIS

PRE-TREATMENT INSTRUCTIONS:

Please do not wear makeup on the treatment area the day of treatment.

No sun-tanning or self-tanners 2 weeks prior to treatment (this includes spray tans, tanning lotions, tanning beds, sun exposure, etc.).

History of recurring cold sores (Herpes Simplex Type I) may require an antiviral prescription prior to treatment.

Avoid treatments that may irritate the skin for 1-2 weeks prior to treatment (depilatories, harsh chemicals, etc.).

Do not use any of the following products on the treated area 3 days before and 3 days after treatment: harsh exfoliating cleansers or scrubs, Glycolic Acid, Salicylic Acid, Benzoyl Peroxide, bleaching creams, retinoids (Retin-A).

Please notify your provider/medical staff of all medications you are taking, as some medications can make you photosensitive.

The treatment area must be free of any open sores, lesions or skin infections. For treatment of pigmented skin lesions, you should consult a specialist if there is a family or personal history of skin cancer or if you have any of these concerns.

Please notify your provider if you have a history of Gold Therapy.

You are not a candidate for Laser treatment if you are pregnant/breastfeeding or have been on Accutane in the last 6 months.



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POST-TREATMENT INSTRUCTIONS:

Avoid sun exposure and use a broad spectrum (UVA/UVB) sunscreen to prevent further sun damage.

Bruising, redness and swelling may occur and resolve with time.

Avoid heat- hot tubes, saunas, etc. for 1-2 days.

Avoid skin irritants a few days post treatment including products containing tretinoin, retinol, benzoyl peroxide, glycolic/salicylic acids, astringents, etc.

Multiple treatments are required.

Please notify our office of any concerns (blistering, excessive redness/swelling, etc.).

Consult with our office about when to resume your skincare regime.

Any additional instructions will be discussed at your visit.

Your satisfaction is our utmost goal. Please do not hesitate to contact us with any questions or concerns. (724) 969- LAMB