



Concierge Family Medicine & Aesthetics

AQUA GOLD MICRO-INFUSION INSTRUCTIONS

For your safety and to obtain the best results, please follow the instructions below before and after your Aqua Gold treatment.

Pre-Treatment:

- Sun exposure and/or usage of tanning bed, self- tanning products must be avoided for a minimum of 24 hours before and after the treatment- preferably 1 week before and after treatment. Treatment will not be administered on sunburned skin.
- Area to be treated must be cleaned and free of any lotion, makeup, and sunscreen.
- Please avoid chemical peels 2 weeks before and after treatment.
- Do not use the following products for 3 days before your treatment: Retin- A, retinoids, or similar vitamin A compounds, harsh scrubs or exfoliating products and bleaching creams.
- Waxing and/or use of chemical depilatories must be avoided for 2 weeks before and after treatment. Shaving is allowed immediately before treatment and 48-72 hours after treatment, as long as there is no skin irritation.
- Notify your provider if you have a history of cold sores/fever blisters.
- You are not a candidate for treatment if you are pregnant or are breastfeeding.
- During the course of your treatments, notify our staff of any changes to your medical history, health status, or personal activities that may be relevant to your treatment.

Post Treatment:

- Avoid touching the face. A sunburn-like effect immediately post treatment is normal. The treated area may appear pink in color but will resolve in 1-2 hours. The skin may feel tight, dry, swollen, and sensitive to the touch.
- Do not wash your face for 4-6 hours. In 4-6 hours, wash the treated area gently with a mild cleanser. Do not apply anything to your skin for 12 hours, this includes makeup and skincare products.
- Sun exposure should be avoided for at least 24 hours after treatment. After initial 12 hours following treatment, we recommend using sunscreen with an SPF of 30 or greater.
- Avoid exercise, swimming pools, hot tubs, saunas, and steam rooms for at least 24 hours or if any skin irritation exists.
- Do not use the following products for 3 days after your treatment or until any redness has subsided: Retin- A, retinoids, or similar vitamin A compounds, harsh scrubs or exfoliating products and bleaching creams.
- For best results and efficacy, maintenance treatments are recommended every 3-4 months.

Your satisfaction is our utmost goal. Please do not hesitate to contact us with any questions or concerns.
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